

Bereavement support for everyone


St Helena

Helping local people face incurable illness and bereavement

If you have been bereaved, either from the coronavirus, or any other illness, accident, or suicide, St Helena's bereavement service is here to support you.

St Helena can help you right now

To refer yourself for bereavement support visit:
sthelena.org.uk/referrals

or call:
01206 984 274

Bereavement support is currently available to anyone over the age of 18 living in north east Essex. All bereavement support is currently being offered over the phone, or via video call.