

## St Helena Hospice Half Marathon & 10k 2026 Terms and Conditions

The 2026 St Helena Hospice Half Marathon and 10k is organised and administered by St Helena Hospice (Charity Number 280919) whose registered office is at Myland Hall, Barncroft Close, Highwoods, Colchester CO4 9JU.

### 1) General

- a. These booking terms and conditions apply to everyone participating in the St Helena Hospice Half Marathon and 10k 2026 and those who attend as spectators. Upon entry you accept these terms and conditions.
- b. Places are limited on the St Helena Hospice Half Marathon and 10k 2026 event, and entries are processed in the order we receive them. The closing date for entries is either when 1,500 runners are reached, or registration on the day closes one hour prior to the race commencing.
- c. The minimum age for participants to register is 17 years. Anyone under the age of 18 must seek approval from their parent/guardian and will be required to prove this pre-race. All those under 18 years of age will be contacted prior to race day to complete a consent form.
- d. When entering more than one participant into an event, you are deemed the main registrant and will be required to enter all relevant information of your fellow team/group. Emails will be sent via our Enthuse platform to all supporters from the point of registering.

### 2) Booking process, prices, payment, transfers & sponsorship

- a. Registration is non-refundable
- b. Places can be transferred up to 4 weeks prior to the event. This can be done by logging into your Enthuse account and selecting the transfer option. You will require the name and email address of whom you are offering the transfer to.
- c. Entry Fees are as follows:
  - St Helena Hospice Hero - Half Marathon = £43.00
  - Half Marathon - non England Athletics = £33.00
  - Half Marathon - England Athletics Registered = £31.00
  - St Helena Hospice Hero - 10k = £37.00
  - 10k - non England Athletics = £27.00
  - 10k - England Athletics Registered = £25.00

As part of registration those affiliated to England Athletics will be required to enter their details accordingly.

- d. There is no sponsorship requirement to take part in the St Helena Hospice Half Marathon and 10k. We kindly ask those who would like to support the charity and

fundraise do so by utilising the Enthuse Fundraising Page created during registration.

e. Discount codes may be offered throughout the pre-event registration period. St Helena reserve the right to end discounts at any time and discount codes cannot be used in conjunction with any other offers.

f. The Half Marathon and 10k event is a St Helena Hospice event to raise money for St Helena Hospice. We ask that all sponsorship raised is for St Helena Hospice via the Enthuse platform. Charity places can be purchased allowing fundraising for other charities to take place.

g. Charity places will be charged at one rate of £27.00 for half marathon and £21.00 for 10k.

h. Any carer taking part to accompany a participant is required to register and pay in the same way as any other participant in order to be covered under St Helena Hospice event insurance.

i. All funds raised from taking part in this event, including sponsorship will be allocated to general hospice funds to cover all St Helena Hospice services.

### 3) Medals, T-shirts & Merchandise

a. Medals will be received by all runners taking part in the half marathon and 10k.

b. T-shirts can be purchased during the registration process at the price stated. The cut off for any items purchased will be clearly stated on the Enthuse platform and no longer be available to purchase in advance of that date.

c. T-shirt sizes are on a first come, first served basis.

d. All items purchased during registration such as t-shirts and/or merchandise are non-refundable.

### 4) Safety

a. All participants taking part in St Helena Hospice Half Marathon and 10k do so at their own risk. In no event shall St Helena Hospice be liable for any injuries, loss or damages whatsoever, including indirect, punitive, special, incidental or consequential losses connected with any aspect of this event.

b. All participants are responsible for their own medical condition. If in doubt about your ability to finish the St Helena Hospice Half Marathon or 10k, or if you have a medical condition that might affect your ability to participate, please consult your doctor prior to taking part in the event. It is your responsibility to ensure you are medically able and properly trained to complete the race distance. We reserve the right, in our absolute discretion, to stop any runner from taking part if we deem him or her unfit to run, including mid-race removal from the course where necessary.

c. Medical treatment while attending the St Helena Hospice Marathon and 10k will be administered by the events' official medically qualified personnel. By entering this event, you are confirming that should you require any medical treatments during your attendance at the event, whether before, during or after the actual run, this can take place by those qualified personnel.

d. You must not under any circumstances give your race number to anyone else. Amongst

other potential problems, doing so may cause problems of identification for the event

medical services in the case of any accident or injury. Any attempt to do so will result in

immediate disqualification of the individual(s) concerned and ejection from the event.

You also agree for your personal data to be shared with the medical personnel. It is a

condition of the race that you write any medical conditions we should be aware of on the

rear of your race number. The event organisers hold a record of all participants, you agree

for this data to be shared with relevant health authorities if we are required to do so to

comply with track and trace.

e. Race Numbers - all runners are required to complete emergency contact and medical information details on the back of their race number. Please complete the relevant medical details on the back of the race number if you have any medical condition or are taking any medication(s).

f. The route is a double loop viewable on our website and will be shared ahead of the event for the half marathon. The course will be official measured and an accurate 13.1 England Athletics approved half marathon. The 10k route is new to 2026 and will be officially measured by England Athletics with an alternative start position to that of the half marathon.

g. On no account are drugs or alcohol to be brought into the event site or consumed during the event. St Helena Hospice reserves the right to refuse entry to anyone we suspect is under the influence of drugs or alcohol.

h. Bikes, stilts, roller skates, skate boards, buggies, etc – participants are not permitted to use any of the above or similar in the event and those. Attempting to do so will be prohibited from starting and may be forcibly removed from the course mid-race where necessary. Likewise, anyone attempting to start or join the race in any outfit that we, in our absolute discretion, deem unsuitable and/or dangerous to other competitors or spectators, will not be allowed to start the event or, if on the course, may be forcibly removed from the event.

i. Wheelchairs – the course is suitable for wheelchair users.

j. Animals will not be permitted on the St Helena Hospice Half Marathon and 10k course. We are unable to allow guide dogs on the course but can offer a free place to guide runners. E-mail us at [fundraising@sthelena.org.uk](mailto:fundraising@sthelena.org.uk)

k. Travelling to the event - by signing up to take part in this event you accept complete responsibility for any injury or accident which may occur while you are travelling to or from the event, during the event, or while on the premises of the event save to the extent any injury or accident which is caused by our negligence.

#### 5) Changes to the event

a. St Helena Hospice cannot be held liable for any changes made to the event for safety reasons. Nor can we accept any liability for any changes made to the venue or date of the event.

b. St Helena Hospice reserves the right to alter the start time of the event at any time.

c. If St Helena Hospice cancels the event due to reasons beyond control such as snow, thunderstorms, natural disasters and terrorism, entry fee will not be refunded. An alternative date will be selected and all participants will be admitted to this event.

d. St Helena Hospice reserves the right to cancel this event at any time due to reasons within our control. In the event of this happening, entry fees and sponsorship will be refunded in full.

#### 6) Filming and Photography

a. We may film or photograph participants and volunteers taking part or attending events and use such footage or photographs for commercial and/or fundraising use including, but not limited to: advertising, publications, marketing material, merchandising, and other documents made available to the public; and for our sponsors/partners to publicise their involvement or association with the event. Please note, photos and videos may come from a wide range of sources (including spectators), and is sometimes not arranged by St Helena Hospice. If approached by a photographer or videographer and you do not wish to be filmed or photographed, please let them know. We do, however, reserve the right to use footage or images supplied to us where you might be included.

b. No personal details (including names) or anyone under 18-year-old participants will be used in any publicity materials without the written consent of their parent or legal guardian, but we may use images where children are incidentally included, e.g. the warm up or starting line.

#### 7) Data Protection

a. The information you provide when you register will be secured on the Enthuse platform and only accessible within St Helena Hospice. It will not be shared with any other organisation or third party.

b. St Helena Hospice will share data outlined as name, age/dob, gender, address, email address and medical conditions with Nice Work. Nice Work are a race management company and will be supporting the health and safety organisation of the event. Within this, this includes posting of race packs ahead of race day, race results and with the data shared you will receive full race result from the half marathon or 10k.

c. By taking part, you agree to St Helena Hospice contacting you via telephone, letter or email for any matter relating to your participation in this event.

d. St Helena Hospice may contact you occasionally by post to tell you more about our services and other ways you can help, including opportunities to donate, volunteer or fundraise. You can ask us to stop these communications at any time.

e. If you'd also like to hear from us in other ways, this option will be made available via the registration form.

#### 8) Disclaimer

a. All participants taking part in the St Helena Hospice Half Marathon and 10k event do so at their own risk. In no event shall St Helena Hospice be liable for any injuries, loss or damages whatsoever.

b. Participation in the event is entirely at your own risk and by entering the event participants acknowledge that we shall not be liable for death, injury, loss or damage arising from participation in the event save to the extent that it is caused by our negligence.

c. I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained.

d. Headphones are not permitted to be worn at the race event and if runners are seen to break this ruling then will be disqualified from the event. Only 'bone conducting' headphones are permitted.

d. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event.

e. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organisers, sponsors, promoters and each of their

agents,  
representatives, successors and assigns, and all other persons associated with the event, for  
all my liabilities, claims, actions, or damages that I may have against them arising out of or in  
any way connected with my participation in this event.

f. I understand that this waiver includes any claims, whether caused by negligence, the action  
or inaction of any of the above parties, or otherwise.

g. I hereby grant full permission to any and all of the above parties to use any  
photographs,  
videotapes, motion pictures, website images, recordings or any other record of this event.