Books for children



No Matter What (5+)

By Debi Gliori, 2003. Bloomsbury publishing Ltd A fun and imaginative book that touches briefly about death to help support younger children through difficult times. This is a beautiful and lyrical picture book about enduring love, going on forever, even after death.

I Miss You

By Pat Thomas, 2001. Turtleback books

A first look at death, this book covers a range of issues as to why people die, in a simple, gentle way, explaining the feelings children will experience and answering questions.

I Have a Question About Death

By Arlen Grad Gaines and Meredith Englander Polsky, 2017.

A book for children with Autism spectrum disorder or other special needs, providing clear answers to children's questions.

What Does Dead Mean? (4+)

By Caroline Jay and Jenni Thomas, 2012. Jessica Kingsley Publishers.

This is an ideal book for parents and carers to read with their children. It is also suitable for professionals working with young children.

Always and Forever (3+)

By Alan Durant and Debbie Gliori, 2004. Corgi books.

This book emphasises the importance of holding onto memories, and has lovely colourful illustrations. It shows children that although loved ones may die, we can still hold happy memories of them.

Badgers Parting Gifts

By Susan Varley, 1984. Anderson Press.

This book tells the story of Badger's peaceful death, and his friends remember what Badger taught them throughout his life.

The Invisible String

By Patrice Karst and Geoff Stevenson, 2000. DeVorss & Co.

The invisible string talks about loneliness and separation from someone we love.

The Memory Tree

By Britta Teckentrup, 2013. Hachette Children's Group.

This book helps children share memories of someone who has died. When Fox lies down in the woods to die, his friends gather around to tell stories and celebrate his life.

Water Bugs and Dragonflies: Explaining Death to Young Children

By Doris Stickney, 1982. The Pilgrim Press.

A delightful simple story to answer some questions about death, by telling a story of a water bug's short life under water, and their emergence into the sun as a dragonfly.

Muddles, Puddles and Sunshine: Your Activity Book to Help When Someone Has Died (early years)

By Diana Crossley and Kate Sheppard, 2001. Hawthorn Press

Produced by children's charity Winston's Wish, this book offers sensitive support for bereaved children with helpful activities and exercises.

Sad Book (5+)

By Michael Rosen

This book reflects the sadness of the author when his son Eddie died, aged 18. The book is thoughtfully illustrated.

A Monster Calls

By Patrick Ness. Oxford University Press.

A bestselling novel about love, loss and hope. A boy seeks the help of a tree monster to cope with his mum's terminal illness. A magnificent tale of heartbreak, healing, courage and survival. This powerful novel is often used in schools and is listed as a teacher support tool.

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